

Collaborative Approach to Behavior Health and Substance Abuse Disorders

Delaware Department of Transportation Safety Summit
April 17, 2024





COPS

COMMUNITY ORIENTED POLICING SERVICES
US DEPARTMENT OF JUSTICE

COMMUNITY POLICING

A philosophy that promotes organizational strategies, which include the systematic use of partnerships and problem-solving techniques.

It aims to proactively address the immediate conditions that give rise to public safety issues such as crime, social disorder, and fear of crime.

This model balances reactive responses to calls for service with proactive problem-solving centered on the causes of crime and disorder.

It requires police and citizens to join together as partners in identifying and effectively addressing these issues.



GAGING COMMUNITY SUPPORT



- COSSUP's purpose is to provide financial and technical assistance to states and local government to develop, implement, or expand comprehensive efforts to identify, respond to, treat, and support those impacted by illicit opioids, stimulants and other drugs.
- The cornerstone of COSSUP is its emphasis on partnership and collaboration across the public health, behavioral health, and public safety sectors.
- Effective community responses leverage the combined expertise of each of these disciplines and rely upon unified and coordinated strategies.

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AREAS OF FOCUS

Promoting Public Safety and supporting access to treatment and recovery services in the criminal justice system.

Strengthening the collection and sharing of data across systems to understand and address the impact of illicit substance use and misuse.

Align and maximize resources across systems and leverage diverse program funding

Prevent illicit substance use and misuse.



HOW BIG IS THIS PROBLEM?

- The CDC estimates that 107,622 people died in America from overdoses in 2021, an increase of 15% from 2020.
- Delaware is disproportionately impacted by the abuse of illicit opioids and prescription drugs as seen in our high rates of overdose deaths and lack of accessibility to treatment providers and facilities. In 2021, there were 515 Delaware overdose deaths;
 - 334 from New Castle County (up from 258)

DELAWARE STATISTICS

- Delaware is higher than the national average for rate of prescribed opioids, 60.6 opioid prescriptions for every 100 persons compared to the national average, 51.4. Delaware prescribes the highest rate of high-dose (42.3 per 100 persons) opioids in the nation (CDC, 2019).
- The number of people in DE with opioid use disorder (OUD) has more than doubled from 6,000 in 2006 to 38,000 in 2019. According to the DMI, 2021, there were 11,814 treatment admissions in 2020.
 - During 2020, there were 2,214 naloxone patients and 3,240 naloxone doses administered by EMS alone, and 63% were in a home (DMI, 2021).
- DSAMH projected 30,000 individuals in need of treatment and do not receive services.

EMERGENCY ROOM VISITS

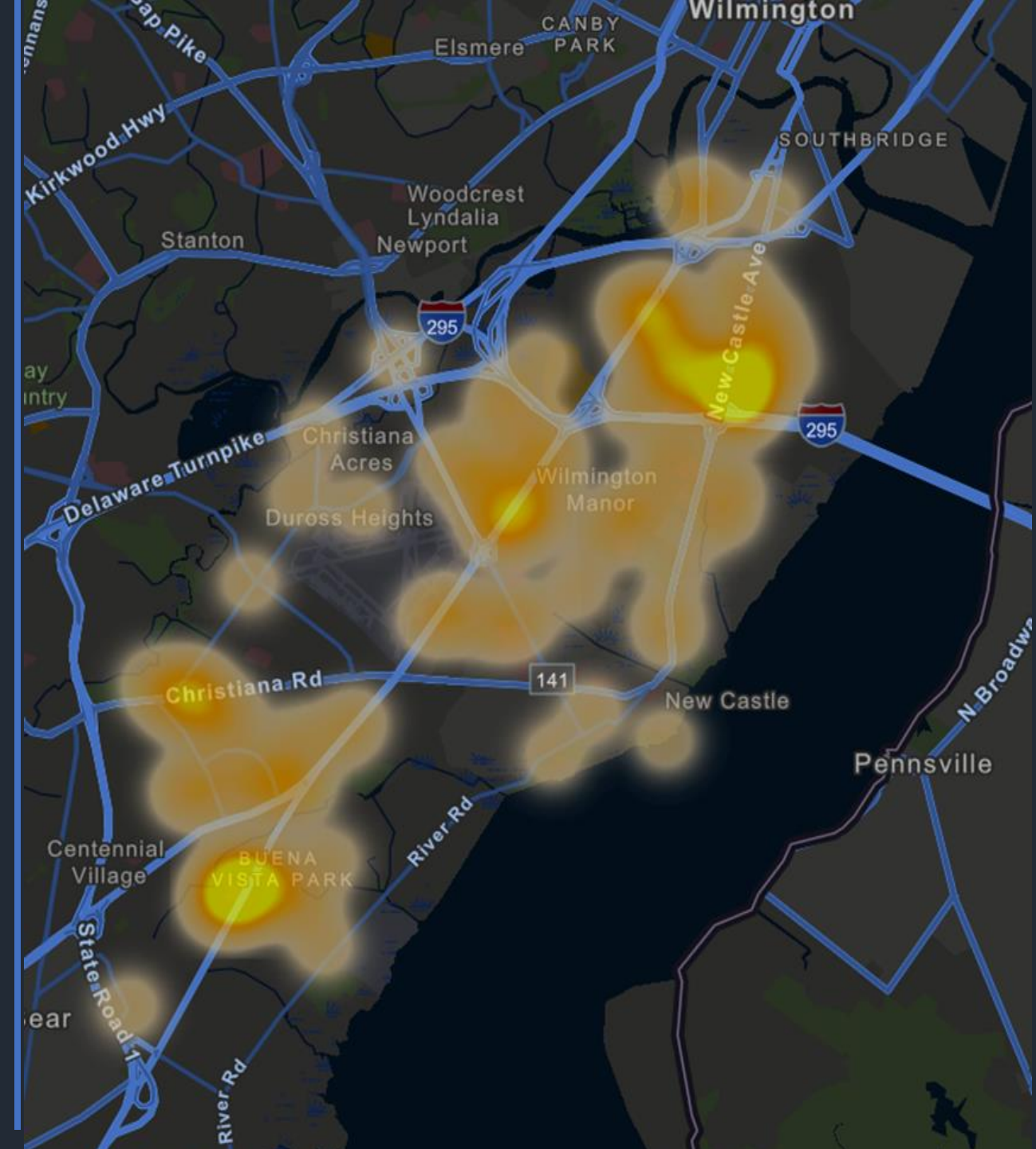
2021



Catchment Area and Zip Codes	Overdose ED Visits	Population
Wilmington (19801, 19802, 19804, 19806, 19809, 19899)	438	85,287
Elsmere (19805)	345	38,457
New Castle (19720)	215	59,664
Bear (19701)	95	40,173
Milford (19963)	68	20,743
Rehoboth (19971)	19	13,739
Grand Total	1,180	258,063

Fatal/Non-Fatal Responses by Police / EMS / DFS

January 1, 2024 – March 31, 2024



HOW ARE MENTAL HEALTH & ADDICTION CONNECTED?

2021 National Survey on Drug Use and Health

44 Million
adults in the
US with a
Substance Use
Disorder

19.4 Million
of them have a
mental illness

Those with Mental Illness Tend to Self Medicate to Cope

COMMON RISK FACTORS



- Childhood Trauma
Abuse (Physical, Verbal, Emotional Neglect)
- PTSD
- Psychological Stressors
Divorce
Loss of Job

BEHAVIORIAL HEALTH CO-RESPONDER PROGRAM



Driving Forces Behind Substance Abuse

Social Determinants of Health (SDOH)

US Department of Health and Human Services defines SDOH

The conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.”



COMMUNITY OUTREACH RESPONSE & ENGAGEMENT



C.O.R.E.

POLICE CONTACT

PEER SUPPORT



Outreach Specialist



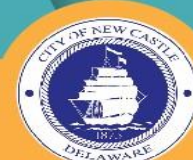
C.O.R.E.

Community Outreach, Response & Engagement

Bridging Communities, Building Trust

Together We Thrive

Please Call 302.364.3400 For Our Peer Support Program



C.O.R.E OBJECTIVES

OUTREACH SPECIALISTS CONNECT INDIVIDUALS WHO STRUGGLE WITH SUBSTANCE MISUSE TO HEALTH CARE & SOCIAL SERVICES

- The C.O.R.E Program aims to address as many of the primary drivers of substance use as possible, including the social determinants of health (SDOH).
- While the ultimate goal may be to enable a person to quit using drugs/alcohol altogether, the help offered through the CORE Program can include treatment, but it doesn't have to

Important to note the outreach specialists are individuals with lived experience



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C.O.R.E OBJECTIVES

Continued...

- C.O.R.E takes a harm-reduction approach that doesn't compel participants to stop using drugs
- This approach allows the Outreach Specialists to develop a rapport and a relationship with individuals based on trust and compassion. The Outreach Specialists meet people where they're at, encouraging any positive change.



RECENT EXAMPLES

An adult male just out of rehab approaches police:

Tells the officer, “I have been clean for 30 days...if I go home right now...I will smoke crack.”

Individual is connected with an Outreach Specialist from C.O.R.E

Individual is screened and placed in a Recovery House

RECENT EXAMPLES

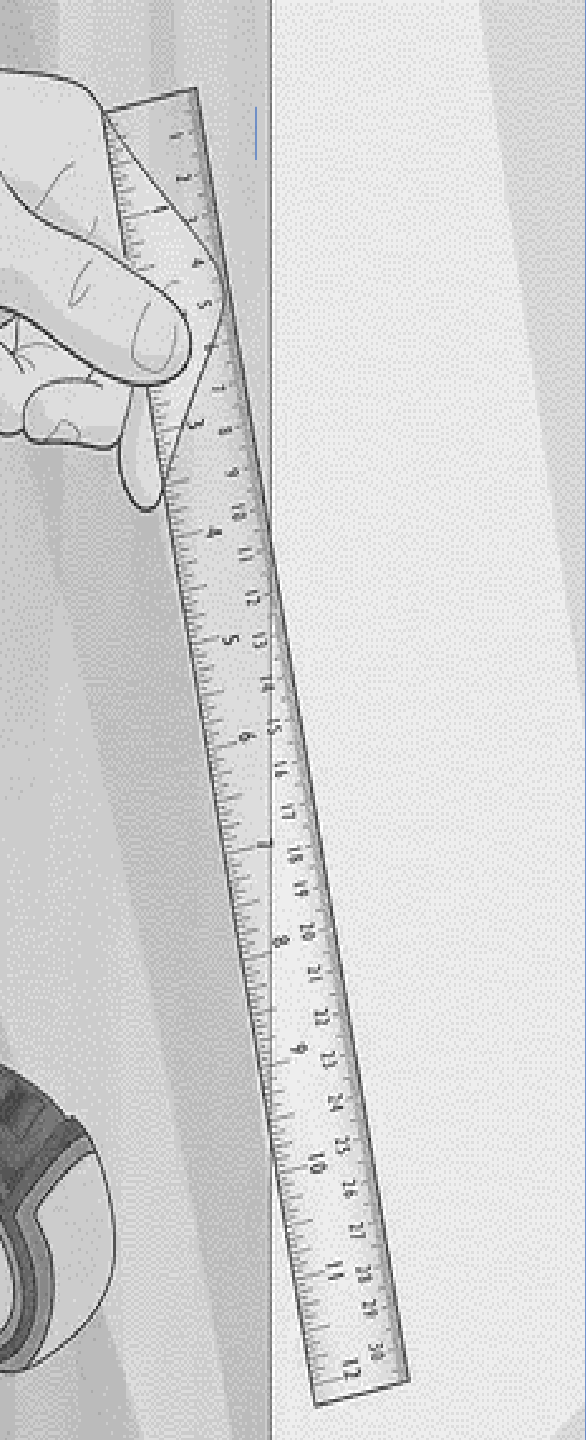
An adult woman is cited during a traffic stop and referred to C.O.R.E.

(Unregistered/Uninsured Motor Vehicle)

- Connects with Outreach Specialist but is not willing to quit using marijuana
- Outreach Specialist discovered issues with food and transportation insecurities.
- Outreach Specialist was able to provide the individual with emergency food resources, got her registered with the Food Bank, and provided her with bus passes.

MEASUREABLES

- Reduce the Number of Fatal / Non-Fatal Overdoses
- Identify Individuals with Mental Health and Substance Abuse Disorders: CONTACT
- CONNECT the individual with C.O.R.E.
- Provide the individual with SERVICES
- Encourage the individual to STAY with the services they received



REPORTS & TRACKING

Delaware's Comprehensive Opioid, Stimulant, and Substance Use Program: REDCap Data Entry Guide

Created by the Center for Drug & Health Studies

Updated: 10/16/2023



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DELAWARE
cdhs.udel.edu






- REDCap is a data capture system that will be used as part of Delaware's Comprehensive Opioid, Stimulant, and Substance Abuse Program (*COSSAP*)
- This secure web-based application will be used to collect and manage data for individuals involved with police diversion programs.
- REDCap is capable of compliance with various federal standards and regulations including HIPAA



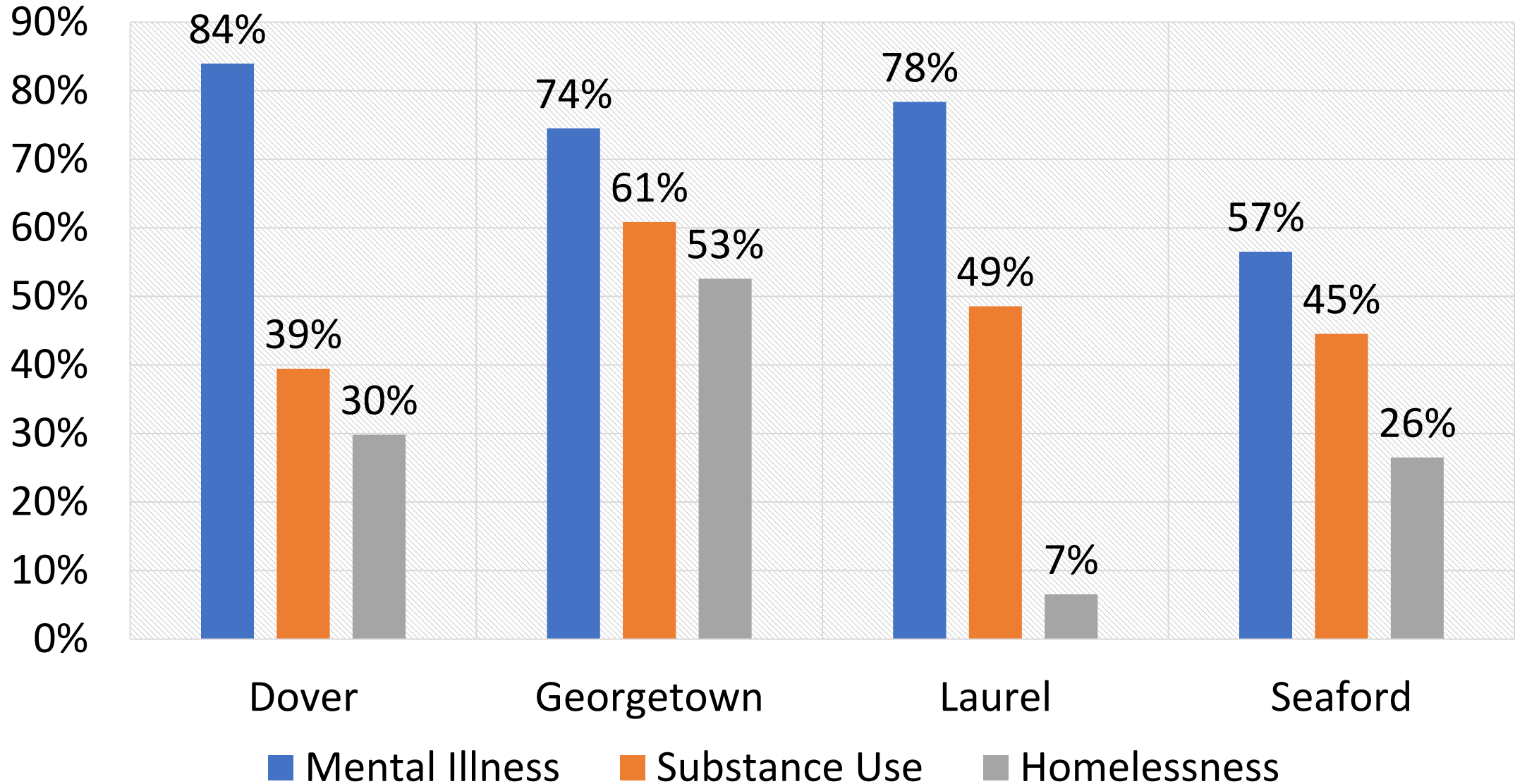
Records

- For each record (participant), you will see various forms (data collection instruments) for which data can be entered.

NEW Record ID 2

 Data Collection Instrument	Status
Demographics	<input checked="" type="radio"/>
Social Determinants	<input type="radio"/>
Program Entry Information	<input type="radio"/>
Set Update Status	<input type="radio"/>
Legal Status	<input type="radio"/>
Treatment	<input type="radio"/>
Followup	<input type="radio"/>
Time Since Calculator	<input type="radio"/>

Identified Primary Needs by Site





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NEW CASTLE CITY POLICE DEPARTMENT



Thank you!



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Questions

C.O.R.E.

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